

December Pet of the Month

Sammy

When Sammy came in for her wellness exam in April of 2009 she weighed 12.6lbs. She was just over 2 years old at the time and had gained more than 3 pounds in about a year. This rapid weight gain meant that she was now obese and had a body condition score of 9/9. The doctor had to break the bad news: the extra weight was threatening Sammy's health. Her humans, Ross and Carol, decided to take an active role in restoring their beloved cat's slender figure and good health.

This was tough, because there are two other cats in Sammy's house and she had a tendency to steal their food. Ross and Carol trained Sammy to only eat her meals on the table and to leave the other cats' food bowls alone. None of the cats have food available all day now. Instead, they are fed twice a day so that their owners can monitor how much each cat is eating. Simply restricting her food intake has allowed Sammy to lose 2 ½ lbs – 20% of her original body weight! She still has some weight to lose in order to reach her goal of 8lbs, but she's well on her way. She proves that with a little determination, it is possible to obtain significant weight loss for a cat in a multi-cat household.

Congratulations Sammy on your success!



Overweight

Improved Weight